

# Holy Name School Lunch Menu

MENUS SUBJECT TO CHANGE

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

| Breakfast Menu  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   | Weekly Choices   |
|---|--|--|---|---|--|--|
| <p><b>Monday:</b> Cinnamon Roll</p> <p><b>Tuesday:</b> Eggo Chocolate Chip French Toast</p> <p><b>Wednesday:</b> Goody Ring</p> <p><b>Thursday:</b> Eggo Confetti Pancakes</p> <p><b>Friday:</b> ZeeZee Chocolate Bar</p> <p><b>Daily Option:</b> Breakfast Pizza</p>   |  |  | <p>8/25</p> <p>Chicken Nuggets<br/>Dinner Roll<br/>Steamed Corn<br/>Apple Sauce<br/>Low Fat Milk</p>                              | <p>8/26</p> <p><b>Pork Chopette<br/>Homemade Dinner Roll</b><br/>Mashed Potatoes<br/>Peaches<br/>Low Fat Milk</p>           | <p>8/27</p> <p><b>Italian Dunker w/ Sauce</b><br/>Sliced Carrots<br/>Tropical Fruit Salad<br/>Low Fat Milk</p>                 | <p>Weekly Choices<br/>Ham &amp; Cheese<br/>Sandwich<br/>Chef Salad with Dinner Roll<br/>Peanut Butter and Jelly</p>      |
|   | <p>8/30</p> <p><b>Popcorn Chicken w/<br/>Homemade Dinner Roll</b><br/>Mashed Potatoes<br/>Diced Pears<br/>Low Fat Milk</p>                         | <p>8/31</p> <p>Cheesesteak Hoagie<br/>Crispy Crinkle Cut<br/>Tropical Fruit Salad<br/>Low Fat Milk</p>                     | <p>9/1</p> <p><b>Pizza Pasta Bake &amp;<br/>Fresh Bread Slice</b><br/>Garden Salad<br/>Mandarin Oranges<br/>Low Fat Milk</p>      | <p>9/2</p> <p><b>Pork Fried Rice w/ Fresh<br/>Bread</b><br/>Steamed Carrots<br/>Pineapple Tidbits<br/>Low Fat Milk</p>      | <p>9/3</p> <p><b>Pepperoni Pizza</b><br/>Seasoned Green Beans<br/>Sliced Peaches<br/>Low Fat Milk</p>                          | <p>Weekly Choices<br/>Turkey Cheese<br/>Sandwich<br/>Chicken Salad with Dinner Roll<br/>Peanut Butter and Jelly</p>      |
| <p><b>What Makes a Breakfast Meal?</b></p>  |  |  |   |   |  |  |
| <p>You must choose at least 3 of 4 components available for the school breakfast price.</p> <p>Entrée, 1 Cup Fruit , &amp; 1/2 Pint Milk</p> <p><b>Daily Fruit Choice Include:</b> Apple Sauce</p> <p><b>Juice Choice includes:</b> Apple &amp; Orange Juice</p> <p><b>Milk Choices Offered Daily:</b> 1% white &amp; non fat chocolate</p> | <p>9/6</p> <p><b>Labor Day<br/>No School</b></p>   | <p>9/7</p> <p><b>Pork Chopette<br/>Homemade Dinner Roll</b><br/>Mashed Potatoes<br/>Pineapple Tidbits<br/>Low Fat Milk</p> | <p>9/8</p> <p><b>Sizzling Italian Panini<br/>Marinara Sauce</b><br/>Steamed Carrots<br/>Diced Pears<br/>Low Fat Milk</p>          | <p>9/9</p> <p><b>Beef Nachos w/ Cheddar<br/>Cheese</b><br/>Steamed Corn<br/>Mandarin Oranges<br/>Low Fat Milk</p>           | <p>9/10</p> <p><b>Corn Dog Nuggets<br/>Homemade Dinner Roll</b><br/>Steamed Peas<br/>Tropical Fruit Salad<br/>Low Fat Milk</p> | <p>Weekly Choices<br/>Ham &amp; Cheese<br/>Sandwich<br/>Chef Salad with Dinner Roll<br/>Peanut Butter and Jelly</p>      |
|   | <p>9/13</p> <p><b>Breakfast for Lunch<br/>French Toast Sticks<br/>Sausage</b><br/>Breakfast Potatoes<br/>Tropical Fruit Salad<br/>Low Fat Milk</p> | <p>9/14</p> <p><b>Chicken Nuggets<br/>Dinner Roll<br/>Mixed Vegetables</b><br/>Mandarin Oranges<br/>Low Fat Milk</p>       | <p>9/15</p> <p><b>Cheese Lasagna Roll Up<br/>Homemade Dinner Roll</b><br/>Garden Salad<br/>Pineapple Tidbits<br/>Low Fat Milk</p> | <p>9/16</p> <p><b>Pulled Pork Sliders w/ Chipotle<br/>Ranch</b><br/>Crinkle Cut Fries<br/>Diced Pears<br/>Low Fat Milk</p>  | <p>9/17</p> <p>No School<br/>Teacher In Service</p>  | <p>Weekly Choices<br/>Turkey Cheese<br/>Sandwich<br/>Chicken Salad with Dinner Roll<br/>Peanut Butter and Jelly</p>      |
| <p><b>What Makes a Lunch Meal?</b></p>  |  |  |   |   |  |  |
| <p>You must choose at least 3 of 5 components available for the school lunch price.</p> <p>Choice of Meat or Meat Alternate</p> <p>Choice of 1 Vegetables</p> <p>Choice of 1 Fruit</p> <p>Choice of Grain/Bread</p> <p>Choice of Milk</p> <p><b>Milk Choices Offered Daily</b></p> <p>1% white &amp; non fat chocolate</p>                  | <p>9/20</p> <p><b>Walking Taco w/ Doritos</b><br/>Steamed Corn<br/>Diced Pears<br/>Low Fat Milk</p>  | <p>9/21</p> <p><b>Turkey Bacon Ranch Panini</b><br/>Crispy Crinkle Cut Fries<br/>Pineapple Tidbits<br/>Low Fat Milk</p>    | <p>9/22</p> <p><b>Chicken Alfredo<br/>Garlic Breadstick</b><br/>Steamed Broccoli<br/>Mandarin Oranges<br/>Low Fat Milk</p>        | <p>9/23</p> <p><b>Pork Chopette<br/>Homemade Dinner Roll<br/>Mashed Potatoes</b><br/>Peaches<br/>Low Fat Milk</p>           | <p>9/24</p> <p><b>Italian Dunker w/ Sauce</b><br/>Sliced Carrots<br/>Tropical Fruit Salad<br/>Low Fat Milk</p>                 | <p>Weekly Choices<br/>Turkey Cheese<br/>Sandwich<br/>Chicken Salad with Dinner Roll<br/>Peanut Butter and Jelly</p>      |
|   | <p>9/27</p> <p><b>Cheese Burger Pinwheel<br/>Crispy Seasoned Potato</b><br/>Tropical Fruit Salad<br/>Low Fat Milk</p>                              | <p>9/28</p> <p><b>Ham and Cheese Pita</b><br/>Steamed Carrots<br/>Sliced Peaches<br/>Low Fat Milk</p>                      | <p>9/29</p> <p><b>Chicken Nuggets<br/>Dinner Roll<br/>Steamed Mixed Vegetables</b><br/>Mandarin Oranges<br/>Low Fat Milk</p>      | <p>9/30</p> <p><b>Breakfast for Lunch<br/>Pancakes w/ Sausage</b><br/>Tator Tots<br/>Pineapple Tidbits<br/>Low Fat Milk</p> |  | <p>Week Weekly Choices<br/>Turkey Cheese<br/>Sandwich<br/>Chicken Salad with Dinner Roll<br/>Peanut Butter and Jelly</p> |