

Holy Name FEBRUARY LUNCH MENU

Food Service Director

Mrs. Carol Malone 814-472-7200

Breakfast Menu

Monday: Cinnamon Roll

Tuesday: Egg & Cheese on

Croissant

Wednesday: Banana Bread

Thursday: Goody Ring

Friday: Blueberry Muffin

Daily Options May Include:

Breakfast Pizza

Two Pieces of Toast

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, & 1/2 Pint Milk

Fruit Choices Include:

Apple, Banana, Orange

Juice Choice includes:

Apple, Grape & Orange Juice

MENUS SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
2/3 Chicken Nuggets Homemade Dinner Roll Steamed Carrots Baked Beans Fresh Apple Slices Low Fat Milk	2/4 Ham & Cheese on Pretzel Bun Crispy Seasoned Wedges Juicy Sliced Peaches Low Fat Milk	2/5 Salisbury Steak w/ Gravy Homemade Dinner Roll Mashed Potatoes Apple Sauce	2/6 Italian Panini with Marinara Sauce Seasoned Green Beans Mixed Fruit Low Fat Milk	2/7 Grilled Cheese Tomato Soup Sweet Peas Diced Pears Low Fat Milk	Week 1 Turkey and Cheese Sandwich Chicken Salad with Dinner Roll Peanut Butter & Jelly Sandwich
2/10 Grilled Hot Dog on Bun Crispy Oven Baked Fries Baked Beans Pineapple Tidbits Low Fat Milk	2/11 Walking Taco Beef & Cheese w/ Nachos Doritos Homemade Dinner Roll Golden Corn Mixed Fruit Low Fat Milk	2/12 Popcorn Chicken Homemade Dinner Roll Baby Carrots & Celery Sticks Diced Pears Low Fat Milk	2/13 Meatball & Mozzarella Hoagie Sweet Peas Juicy Sliced Peaches Low Fat Milk	2/14 Breakfast for Lunch Fluffy Pancakes with Maple Syrup Sausage Patty Breakfast Potatoes Low Fat Milk	Week 2 Ham and Cheese Sandwich Chef Salad with Dinner Roll Peanut Butter and Jelly Sandwich
2/17 President's Day No School	2/18 Chicken Sticks Homemade Dinner Roll Creamy Mashed Potatoes with Gravy Diced Pears Low Fat Milk	2/19 Pizza Pasta Baked Homemade Dinner Roll Garden Salad Applesauce Low Fat Milk	2/20 Turkey and Cheese on a Pretzel Bun Crispy Potato Wedges Black Beans Pineapple Tidbits Low Fat Milk	2/21 Pepperoni Pizza Steamed Broccoli Juicy Sliced Peaches Low Fat Milk	Week 3 Turkey and Cheese Sandwich Chicken Salad with Dinner Roll Peanut Butter and Jelly Sandwich
2/24 Breaded Chicken Patty on Bun Crispy Baked Fries Diced Pears Low Fat Milk	2/25 Corn Dog Nuggets Homemade Dinner Roll Steamed Carrot Coins Baked Beans Applesauce Low Fat Milk	2/26 Beef & Cheese Nachos Homemade Dinner Roll Golden Corn Juicy Sliced Peaches Low Fat Milk	2/27 Pork Chopette Homemade Dinner Roll Mashed Potatoes Pineapple Tidbits Low Fat Milk	2/28 Breakfast for Lunch French Toast Sticks Sausage Patty Breakfast Potatoes Mixed Fruit Low Fat Milk	Week 4 Ham and Cheese Sandwich Chef Salad with Dinner Roll Peanut Butter and Jelly Sandwich

What Makes a Lunch Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate

Choice of Vegetable,

Choice of Fruit

Choice of Grain/Bread,

Choice of Milk

Vegetable Bar Includes daily:

Broccoli Florets & Baby Carrots

Fruits may include:

Sliced Peaches Mixed Fruit
 Pineapple Tidbits Diced Pears
 Apple Sauce & Mandarin Oranges

Milk Choices Offered Daily

1% white, non-fat white, non fat flavored

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations.
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